



My journey didn't start in health and wellness.
It began in a glassblowing and DIY art studio—where creativity and community collided. I loved helping people reconnect with their creative side through canvas painting, pottery, and candles. It filled my heart, but the business model drained my energy and left little room for freedom.

Then came a turning point...
When I discovered the Feel
Great System, I wasn't looking
to start a new business—I just
wanted to feel better. But the
results spoke for themselves. I
felt more balanced, energized,
and confident... and so did the
customers I shared it with.



My Journey

Real Wellness. Real Income. Real Community.

I began simply by sharing my results—on social media, with friends, and through casual conversations. I didn't have a massive following or a business degree. Just a belief that other women deserved to feel great too.

Within months:

- I built a small but mighty stream of income
- I partnered with amazing, like-minded men & women
- I helped others improve their metabolic health naturally
- And I began creating time freedom I didn't know was possible



"Helping women thrive became my passion, not just my side gig."

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The Transformation

You Deserve This Too!

If you've ever felt stuck, burnt out, or unsure where to start—this story is for you.

I now mentor other women who want to:

- Create income from their phone
- Prioritize their health
- Build something
 meaningful without
 starting from scratch

You don't need to be an influencer. You just need a story, support, and the willingness to share.





Why I Share This

Ready to Write Your Story?

I'd love to show you exactly how I did it. Click below to download the same blueprint I share with new team members, and see if this could be a fit for you.

Get the Social Side Gig Blueprin





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