

Build a Social Side Gig

in Just 15 Minutes a Day

Unlock your path to more freedom, energy, and income—starting today!

Why this works ✓

15 Minute Daily Method ✓

Tools You'll Love ✓

First Post Prompt ✓

Work at Home

Live Wellwith Natalie
WELLNESS

SCHEDULE A CHAT





Yes, you can build a thriving online wellness biz in just 15 minutes a day.

If you're a busy mom, working woman, or someone craving more income and purpose—this blueprint is for you. With simple, repeatable actions and the power of automation + social media, you can start earning even before you're an expert.



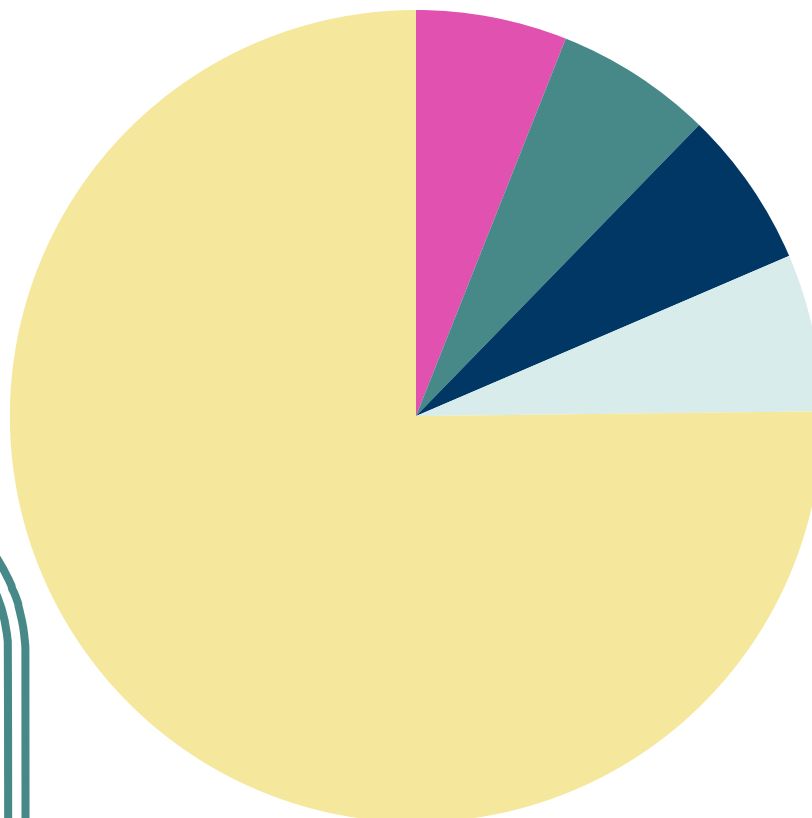
In just 15 minutes a day!

● Uplifting community

● No tech overwhelm

● Zero inventory

● Done-for-you tools



Why This Works

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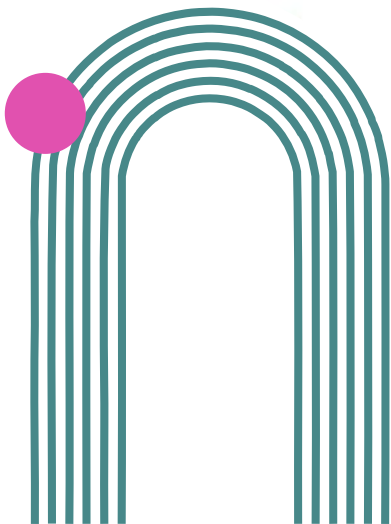


Your 15-Minute Power Plan

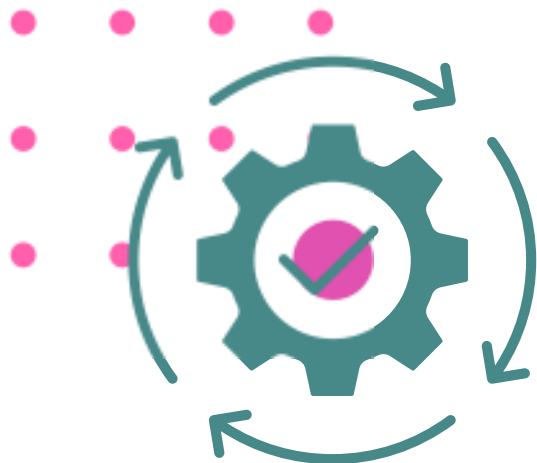
TASK	TIME	EXAMPLE
Post or Story	5 minutes	Share a quick reel or product story
Engage	5 minutes	Comment on 3 ideal customer posts
DM & Follow-Up	5 minutes	Send 1 message using keyword flow



Pro Tip: Use saved scripts & auto-keywords to make messaging effortless.



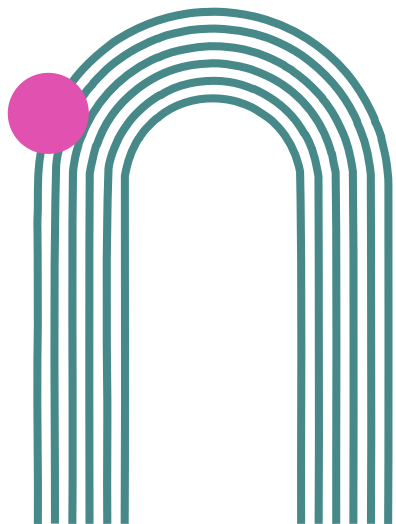
Your 15 Minute Daily Method



Automate, Simplify & Scale

Use these beginner-friendly tools to take the guesswork out of growing:

TOOLS	PURPOSE	FREE OPTION?
Canva	Easy content creation	✓
Flodesk	Capture leads	✓
Keyword DM	Auto-reply to DMs	⚠ Limited on free
Trello	Track biz tasks	✓
ChatGPT	Write faster	✓



Tools You'll Love



Start with This Simple Social Post

“
What if I told you
that in just
15 minutes a day,

I started building
a wellness biz
from my **phone**

—
without being
salesy or techy?”

Try this caption:



I didn't know if I could
really do this. I was busy,
not an influencer, and
knew nothing about
social selling.

But I took the first step

—
and now I'm helping
others do the same.

Want to see how?
Drop the word “**START**”
below or DM me!

Your First Post Prompt



Let's Take the Next Step Together

You don't need to do this alone.
When you say yes, you get:

- ✓ Training
- ✓ Tools
- ✓ Support
- ✓ Community
- ✓ Weekly Zooms



Scan the QR code below to **book a free 15-min chat** to learn how it works.



Call to Action